



Si Belle  
MEDSPA

WOMEN'S HEALTH AND AESTHETICS

## Services Guide



# About

**SiBelle MedSpa** is a haven at the forefront of women's intimate wellness and rejuvenation. Founded to celebrate and empower every woman's unique essence, SiBelle MedSpa seamlessly merges medical expertise with the art of rejuvenation. Led by expert Gynecologist Dr. Carine-Ange Tagni, SiBelle MedSpa harnesses the power of the latest medical technology, staying at the forefront of the evolving field of women's health and wellness.

Women are invited to rediscover the joy of intimacy with SiBelle MedSpa's specialized treatments designed to revitalize their confidence and intimate lives. SiBelle MedSpa empowers women's sexual wellness, recognizing the uniqueness of each woman's journey. We pride ourselves on being an inclusive, judgment-free zone, celebrating diverse experiences and ensuring that every woman's intimate health needs are understood.



# Intimate & Sexual Wellness Treatments

SiBelle MedSpa specializes in guiding individuals through their intimate wellness treatments, each designed to offer benefits beyond aesthetics. Non-invasive solutions like FormaV, VTone, and Morpheous8V aim to enhance intimate sensation, alleviate discomfort, and restore confidence with minimal downtime and risk. Recognizing the importance of embracing intimate wellness, SiBelle Medspa offers personalized solutions tailored to individual needs, underscored by the expertise of Gynecologist Dr. Carine-Ange Tagni.



# FormaV For Vaginal Rejuvenation

FormaV is a cutting-edge vaginal rejuvenation procedure that prioritizes sexual health and vitality. It is a safe and non-invasive treatment designed to improve both the aesthetics and functionality of the vagina. Using radiofrequency (RF), FormaV warms the underlying tissues, stimulating collagen and elastin production. This FDA-approved, non-surgical procedure is effective for both internal and external areas of the vagina.

FormaV is particularly suitable for women affected by the effects of childbirth, aging, or genetic predispositions impacting vaginal health. The benefits of FormaV extend to providing relief from vaginal dryness and pain with no downtime and immediate results. This treatment offers noticeable improvements that can be observed after just the first session.

Packages Starting at \$2,500





## Morpheus8V For Vaginal Rejuvenation

Morpheus8V combines fractional radiofrequency (RF) energy and micro-needling, employing bipolar arrays of micro pin electrodes to provide targeted intravaginal submucosal remodeling. This innovative technology facilitates a fast and effective non-surgical procedure that stimulates collagen and elastin formation, tightens vaginal tissue, and improves vascular supply to the vagina and external genitalia.

The procedure involves delivering precise treatments in the office, eliminating the need for general anesthesia, and reducing downtime associated with traditional surgical interventions. The key to Morpheus8V lies in its capability to deliver bipolar RF energy up to 3mm in depth, ensuring a thorough and customized approach. The versatility of the treatment allows for safe and tailored applications, offering patients a non-invasive alternative that restores self-confidence and improves their overall quality of life.

Packages Starting at \$3,000

## VTone For Pelvic Floor & Urinary Incontinence

VTone by InMode offers a solution to the common issue of weakened pelvic floor muscles in women, a condition often caused by pregnancy, childbirth, aging, and hormonal changes. These weakened muscles can lead to stress urinary incontinence and decreased sexual sensation. VTone stands out as a non-invasive procedure that delivers immediate results and continues to show improvements over time, making it a sought-after option for women looking to restore and strengthen their pelvic floor muscles.



Female urinary incontinence is a prevalent concern, affecting approximately 45% of women at some point. This condition arises when the urinary system lacks support from surrounding muscles, often triggered by everyday actions like coughing, sneezing, or pressure during intercourse. VTone, an FDA-approved technology, addresses these issues by providing neuromuscular re-education through electrical muscle stimulation (EMS). Beyond improving functional aspects, VTone enhances vaginal tightness, appearance, and sexual function, offering a comprehensive solution for women seeking to address urinary incontinence.

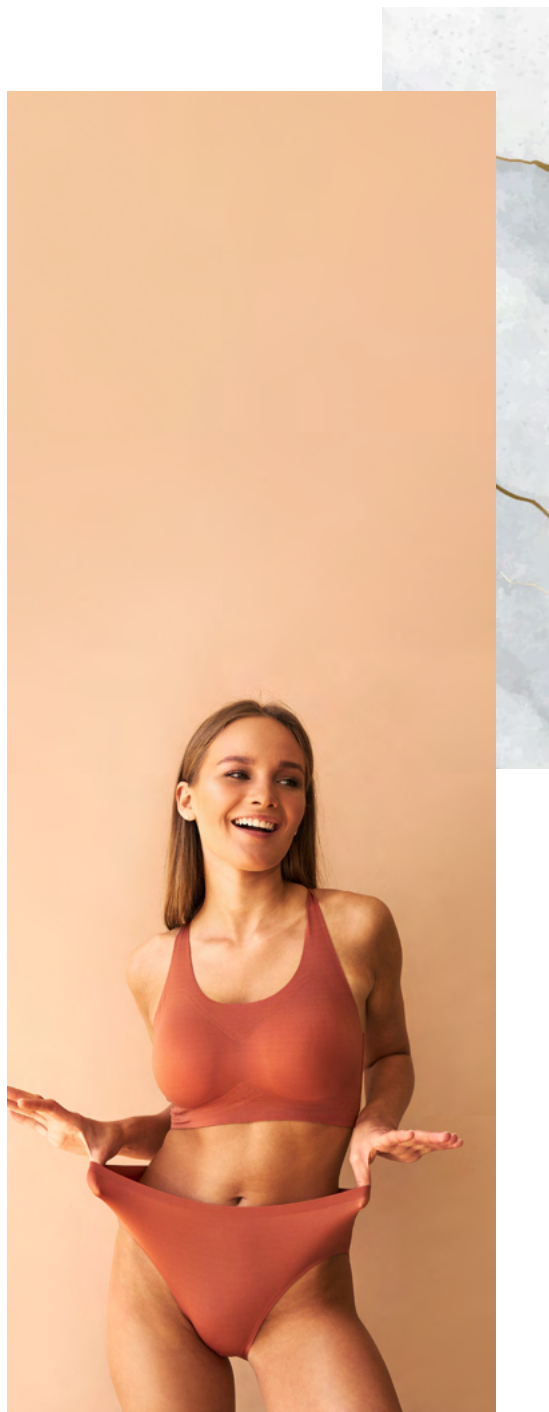
Packages Starting at \$1,500

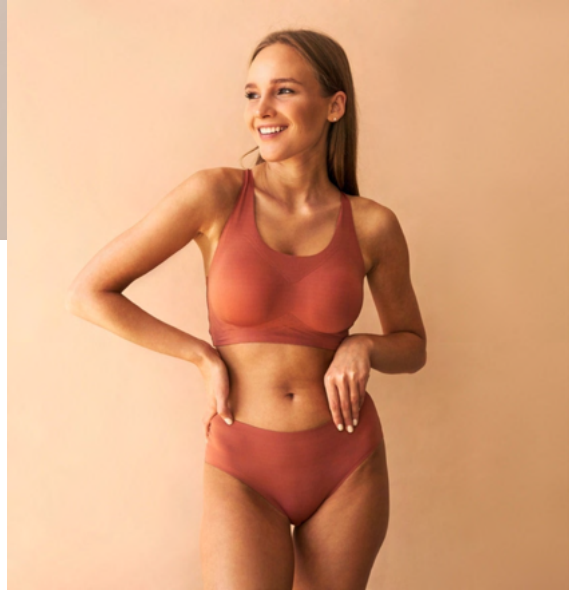
## Non-Surgical Labiaplasty

Aviva is a non-invasive, scarless labiaplasty treatment tailored to rejuvenate and tighten labial tissues, presenting a dual benefit of aesthetic enhancement and functional improvement—all achieved without traditional surgical scars. Its focus on harnessing radiofrequency energy sets Aviva apart, initiating collagen production in labial tissues for a natural tightening effect while minimizing scarring risks. This methodical and targeted approach ensures efficacy, maintaining the integrity of surrounding tissues.

The core mechanism of Aviva involves controlled heat generation in the deeper skin layers. This process triggers collagen remodeling and tissue contraction, effectively addressing concerns like laxity, discomfort, and aesthetic preferences in the labial area. As a scarless labiaplasty option, Aviva is a gentle and efficient solution for women seeking to enhance their intimate wellness without undergoing the invasiveness of traditional surgical procedures.

Starting at \$4,500





## O-Shot

The O-Shot, or Orgasm Shot, introduces a revolutionary approach to addressing intimate wellness concerns in women, utilizing Platelet-Rich Plasma (PRP) to enhance sexual health and satisfaction. PRP, extracted from the patient's own blood, contains growth factors and platelets that play a pivotal role in stimulating tissue repair, collagen production, and rejuvenation. This natural and minimally invasive procedure focuses on key areas like the clitoris, G-spot, and vaginal canal, promoting vasodilation for improved blood flow, heightened sensitivity, and enhanced overall intimate experiences.

The O-Shot offers tangible benefits beyond sexual satisfaction, including potentially addressing issues such as painful intercourse, urinary incontinence, and aiding in post-childbirth recovery. Women seeking enhanced sexual function, whether due to physical changes, childbirth, or aging, find the O-Shot appealing for its ability to provide natural rejuvenation. The procedure's minimal discomfort, quick recovery, and long-lasting results underscore its significance in empowering women to embrace their bodies, desires, and well-being.

Starting at \$1,500

# Hormone Replacement Therapy

Hormone Replacement Therapy addresses hormonal imbalances related to aging, menopause, and andropause. Bioidentical Hormone Replacement Therapy (BHRT) utilizes hormones identical to those naturally produced in the body, ensuring a harmonious integration that aligns seamlessly with individual systems.

In addition, SiBelle MedSpa offers Hormone Replacement Therapy through prescription oral and topical medications, expanding the array of treatment options. While BHRT focuses on precisely replicating hormones at a molecular level, oral and topical medications introduce hormones through different means. Prescription oral medications involve the administration of hormones through pills, affecting the body systemically. On the other hand, topical medications, typically in the form of creams or patches, deliver hormones directly to localized areas, providing a more targeted approach.

The choice between BHRT and prescription oral/topical medications depends on various factors, including individual health needs, preferences, and the specific nature of hormonal imbalances. The team at SiBelle MedSpa works closely with patients to assess these factors and develop a personalized treatment plan that aligns with their unique requirements. This approach ensures that individuals receive the most suitable Hormone Replacement Therapy, whether through BHRT or prescription medications, to address their health and well-being goals.

Starting at \$500



# Body Sculpting

## Morpheus8 Body

Morpheus8 Body is a revolutionary approach to non-surgical body rejuvenation, utilizing advanced fractional resurfacing technology. This treatment stands out for efficiently addressing large body areas, employing bipolar radiofrequency energy to stimulate collagen and elastin production. The microneedles reach the subdermal layer, making Morpheus8 Body effective for diverse regions such as thighs, upper arms, abdomen, and neck. Its unique depth of treatment sets it apart as the only FDA-approved technique for 8 mm deep subcutaneous adipose tissue alteration.

Results are visible within four weeks, with full benefits realized after three months. The treatment excels in skin tightening, fat reduction, cellulite improvement, scar reduction, and overall skin texture enhancement. Morpheus8 Body is suitable for all skin types and tones, providing a safe and effective solution for individuals seeking body contouring without surgery. As a quick procedure with minimal downtime, Morpheus8 Body caters to individuals looking for comprehensive body sculpting without the risks associated with surgical interventions.

Packages Starting at \$4,500





## Tone

Tone by InMode represents a breakthrough in non-invasive body transformation, offering a comprehensive solution for body contouring and muscle toning. This in-office procedure is simple and efficient, providing patients with non-invasive body contouring without downtime.

The treatment involves using electric muscle stimulation (EMS) applied to targeted areas, delivering involuntary muscle contractions that mimic the effects of an intense workout. Tone offers a customizable and focused approach to muscle stimulation with two hands-free applicators and an intensity scale ranging from one to fifty.

This focused stimulation contributes to refining muscle appearance and strength, making it particularly effective in addressing concerns like diastasis recti. Notably, the procedure is painless and requires no anesthesia, offering a comfortable experience for individuals seeking muscle toning on various body areas such as the abdomen, buttocks, or thighs.

Packages Starting at \$2,000

# Weight Loss & Peptides

Centered around the transformative power of peptides such as Semaglutide, Tirzepatide, and Tesamorelin, our weight loss program is meticulously crafted to complement our body contouring services to provide personalized care and maximize results. The program's comprehensive strategy combines the use of advanced peptides with body contouring services, creating a synergistic approach that enhances the results of standalone body contouring.

Our weight loss program extends beyond the treatments, offering ongoing support with dietary guidance, lifestyle recommendations, and regular monitoring. This progressive and personalized approach aims for sustained, long-term weight loss, addressing not only physical aspects but also promoting metabolic and cardiovascular health. Clients can expect benefits such as sustained weight control, regulated appetite, metabolic improvements, cardiovascular health enhancements, and targeted reduction of abdominal fat. SiBelle Medspa's experienced team guides individuals on a transformative journey towards a healthier, more sculpted, and confident self.

Weight Loss Consultation (includes lab work) \$300

Monthly Weight Loss Membership starting at \$275

Package pricing with Body Contouring determined during consultation



# Skin Rejuvenation

## RF Microneedling

Morpheus8 is a cutting-edge aesthetic treatment that combines microneedling and radiofrequency (RF) energy to address various skin concerns, providing a non-surgical solution for skin rejuvenation. This innovative technology is designed to treat various issues, including fine lines, wrinkles, acne scars, and uneven skin texture.

The treatment's benefits extend beyond addressing superficial concerns. Morpheus8 utilizes microneedles that penetrate the skin, delivering RF energy to the underlying layers. This dual-action approach stimulates collagen and elastin production, promoting skin tightening and rejuvenation. The controlled micro-injuries induced by the microneedles trigger the body's natural healing response, resulting in a firmer, smoother, and more youthful-looking complexion.

Starting at \$1,200



# Injectables

## Neurotoxins

Neurotoxin injections, including popular brands like Botox, Dysport, and Xeomin, are widely acclaimed for their cosmetic applications, primarily in diminishing the appearance of wrinkles and fine lines. These injections target specific facial muscles, particularly around the eyes, forehead, and between the eyebrows, to induce temporary muscle relaxation. By obstructing nerve signals, neurotoxins effectively smooth out facial lines, providing individuals with a non-surgical and minimally invasive solution for a more youthful and refreshed look. The procedure is quick, relatively painless, and involves minimal downtime.

These injections are favored for their ability to offer a temporary but impactful cosmetic enhancement. Results typically last for three to six months, making them attractive for those seeking a rejuvenated appearance without committing to permanent changes. The injections' success in softening wrinkles and preventing new ones from forming has made them popular for individuals looking to address signs of aging without undergoing surgery.

Starting at \$12/unit





## Dermal Fillers

Dermal filler injections have become a cornerstone in non-surgical aesthetic procedures, addressing various concerns related to facial aging. These injectable fillers, commonly made from substances like hyaluronic acid, calcium hydroxylapatite, or poly-L-lactic acid, are adept at treating fine lines, wrinkles, and volume loss in the face.

Dermal fillers work by plumping the targeted areas, restoring lost volume, and smoothing facial contours. This makes dermal fillers versatile for enhancing lips, cheeks, and nasolabial folds. These treatments typically involve minimal discomfort, and many dermal fillers contain lidocaine to ensure the patient's comfort during the procedure. The effects of dermal fillers are temporary, lasting anywhere from several months to a couple of years, depending on the type of filler used.

One of the primary benefits of dermal fillers is their immediate and noticeable impact on facial appearance. Patients often experience a rejuvenated and more youthful look shortly after the injection. Beyond addressing signs of aging, dermal fillers are also utilized for facial sculpting, adding definition to certain features, and facial balancing by improving symmetry.

Starting at \$400

## PRP/PRF

Derived from the patient's own blood, Platelet Rich Plasma (PRP) and Platelet-Rich Fibrin (PRF) Gel harness the healing properties of platelets to address various aesthetic and medical concerns. PRP, a concentration of platelets and growth factors, is often used to stimulate collagen production, promote tissue regeneration, and accelerate wound healing. PRF Gel, a more advanced form, includes a fibrin matrix that enhances its regenerative capabilities, making it suitable for a wider range of applications.



In aesthetic medicine, these treatments are utilized for facial rejuvenation, targeting fine lines, wrinkles, and volume loss. PRP's collagen-stimulating effects contribute to improved skin texture and elasticity, creating a more youthful appearance. The additional presence of fibrin, a natural protein involved in blood clotting, distinguishes PRF Gel from PRP. This fibrin matrix in PRF Gel enhances its regenerative capabilities and provides a more sustained release of growth factors.

PRP and PRF Gel injections are simple and minimally invasive procedures. A small amount of the patient's blood is drawn, usually from the arm, and then processed to concentrate the platelets. The resulting PRP or PRF Gel is injected into the targeted areas, promoting tissue repair and regeneration. The treatment is generally well-tolerated, with minimal side effects such as temporary swelling or redness.

Starting at \$750

# Client Testimonials

# Schedule Your Consultation Today!



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